# WHAT'S FOR LUNCH THIS SPRING/SUMMER?

#### Caterlink is an award-winning food service provider catering for primary schools across the country.

We are passionate about providing your children with freshly prepared school lunches that are true to our fresh food heritage. All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards set by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

### KEEP IN TOUCH

You can keep up to date with what's going on by visiting our web site

#### https://caterlinkltd.co.uk/my-caterlink

to find the latest news and information about our upcoming theme days and our current menus. You can also get in touch through our Contact Us page. We appreciate all feedback on our service.

## UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

#### FREE SCHOOL MEALS

Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement ask at your school office.

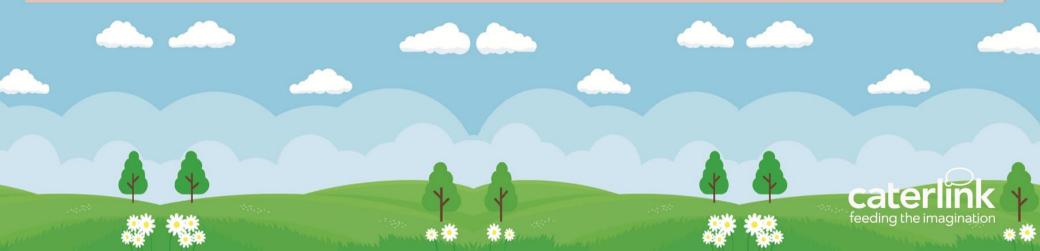
### RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site.

https://caterlinkltd.co.uk/jobs-careers/ or email hrsupport@caterlinkltd.co.uk

### ALLERCY INFOMATION

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



3 Choice Menu TUFSDAY WFDNFSDAY THURSDAY MONDAY Spring Summer 2025 Tomato and Pork Sausage, Roast Potatoes Fishfingers or Salmon Fishfingers Macaroni Spaghetti **WEEK ONE** Lentil Pasta Cheese with Chicken Topping & Gravv Bolognaise with Chips & Tomato Sauce Option One 21st April 2025 Cheese and tomato pizza with Macaroni Cheese Roasted Quorn, Roast **NEW** Chickpea Curry Cheese & Bean Pasty with Rice with Chips & Tomato Sauce Option Two salad Potatoes and gravy 12th May 2025 9<sup>th</sup> June 2025 Jacket Potato with Cheese or Jacket Potato with Cheese or Jacket Potato with Tuna Jacket Potato with Cheese or Jacket Potato with Tuna. baked Beans Cheese or baked Beans baked Beans Cheese or baked Beans baked Beans 30th June 2025 **Option Three** 21st July 2025 15th September 2025 **Vegetables** Vegetables of the day 6th October 2025 Summer Lemon Fruit Savoury Cheese Apple Strawberry Jelly Dessert Flapjack Cake Platter Scone with Mandarins Fishfingers or Salmon Fishfingers Lentil and Sweet Pork Hot Dog with Wedges & Roast Chicken, Stuffing, Roast Chefs Special **WEEK TWO** Potato Curry Tomato Sauce Potatoes, & Gravy Chicken and Chickpea Korma with Chips & with Rice with Rice Tomato Sauce 28th April 2025 Option Two 19th May 2025 Cheese and tomato pizza with Vegan Hot Dog with Wedges Vegetable Soya Roast, Roast Spaghetti & Veggie balls Cheese and Tomato Quiche salad Potatoes & Gravy with Chips 16th June 2025 & Tomato Sauce 7<sup>th</sup> July 2025 **Option Three** Jacket Potato with Cheese or Jacket Potato with Tuna, Jacket Potato with Cheese or Jacket Potato with Tuna Jacket Potato with Cheese or baked Beans Cheese or baked Beans 1<sup>st</sup> September 2025 baked Beans Cheese or baked Beans baked Beans 22<sup>nd</sup> September 2025 Vegetables Vegetables of the day 13th October 2025 Iced Vanilla Sponge **NEW** Strawberry and Apple Freshly Chopped Peaches and Ice Cream Vanilla Shortbread Dessert Crumble with Custard Fruit Salad **NEW** Greek Macaroni Beef Fishfingers or Salmon Fishfingers Classic Vegan **NEW** Green Thai Chicken Curry Roast Turkey, Stuffing, Roast **WEEK THREE** Pastitsio with Greek Salad and with Chips & Tomato Sauce Bolognaise with Rice Potatoes & Gravy Tzatziki 5th May 2025 Spinach and Cheese Whirl with Cheese and tomato pizza with **NEW** Chefs Special Veg Wellington, Option Two 2<sup>nd</sup> June 2025 Rice, Greek Salad and Tzatziki All Day Vegetarian Breakfast salad Five Bean Roast Jollof Rice Potatoes & Gravy 23<sup>rd</sup> June 2025 Jacket Potato with Cheese or Option Three 14<sup>th</sup> July 2025 baked Beans Jacket Potato with Tuna Jacket Potato with Cheese or Jacket Potato with Tuna Jacket Potato with Cheese or Cheese or baked Beans baked Beans Cheese or baked Beans baked Beans 8<sup>th</sup> September 2025 Vegetables of the Day Vegetables 29th September 2025 Vegetables of the day Vegetables of the day Vegetables of the day Vegetables of the day 20th October 2025 Pear and cocoa Upside Down Cheese and Crackers Fruit Medley Jam and Coconut Sponge Oaty Cookie Dessert

#### MENU KEY



Added Plant Power



Cake

Lowest Carbon





Chef's Special

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