



PSHE

Intent

At St George's Beneficial Primary School, the intent is for all children to become healthy, confident, successful and responsible members of society. Therefore our PSHE and RSE curriculum is tailored to the needs of our diverse community, building on prior experiences of our pupils. We aim to develop the 'whole child' by delivering a curriculum that encourages the children to develop a sense of self-worth and pride in their achievements, as well as encouraging resilience and independence.

In an ever changing society where British Values are an integral part of daily life, we aim to equip our pupils with the skills and knowledge to deal with the challenges and conflicts that they may face as they mature. Our coherently planned curriculum encompasses the emotional well-being of our pupils and provides them opportunities to learn about rights & responsibilities and strategies to achieve this. Our Christian values of 'Courage, Hope and Respect' are at the heart of our ethos and are interwoven with our PSHE curriculum to promote the spiritual, moral and cultural development of our children in order to prepare them for the responsibilities of adult life.

Pupils will:

- Have opportunities to develop a strong self-awareness interlinked with compassion for others
- Gain an appreciation of what it means to be a positive member of a diverse, multi-cultural society
- Be able to demonstrate an understanding of how to stay safe, healthy and develop good relationships

Implementation

We strive to provide our children with learning opportunities across and beyond the curriculum, in specific lessons, relational circles and other activities that enrich pupils' experiences. Whilst the majority of our PSHE lessons are planned and taught discretely, there are always occasions where teachers may feel it necessary to teach PSHE as a result of an issue that has arisen in their own class, thus adapting to the specific needs of their children. PSHE is also an integral part of all curriculum areas and, as such, is taught daily in many different ways through different subjects. We use Kapow to deliver the PSHE and RSE curriculum. Learning is split into six units, one for each half term – Families and relationships, Health and wellbeing, Safety and the changing body, Citizenship, Economic wellbeing and Transition. These place an emphasis on building resilience, nurturing both mental and physical health and developing improved communication and language skills, all of which are tailored to meet the specific needs of our children. Across the school, myHappymind is used to support childrens' mental and emotional wellbeing. The myHappymind scheme is taught across five modules and each introduces a new set of content and habits to help children build resilience, self-esteem and confidence. Daily Collective Worship supports childrens' moral and spiritual development.

Impact

We strive to ensure that by the end of their time with us at St George's, each child will:

- have positive self esteem

- be able to recognise, understand and manage their own emotions
- look after their mental health and ask for support when necessary
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
- appreciate difference and diversity
- recognise and apply British Values
- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through everyday life
- understand the physical aspects involved in RSE at an age appropriate level
- be able to develop positive healthy relationships with their peers and adults, both now and in the future