

Early Years Foundation Stage

In the Early Years Physical Development is developed across the curriculum. Children are given a range of opportunities in which to practice both their gross and fine motor skills. Children are given the time and space to enjoy energetic play daily. We firmly believe in the importance of outdoor play for our children and as such provide enabling environments both inside and outside which the children can access independently as part of their continuous provision. Reception children also have dedicated "P.E." lessons where skills and knowledge are taught systematically incorporating the REAL P.E. S.O.W.

Children will have opportunities to:

- ⇒ Use both large and small equipment
- ⇒ Be encouraged to move in different ways
- ⇒ Negotiate space
- ⇒ Develop team-building skills
- ⇒ Use malleable resources
- ⇒ Use a range of tools
- ⇒ Work on both large and small scales
- ⇒ Make marks in various ways

During their time in the F.S.U. children will also take more responsibility for their own and others health and self-care. They will be supported to manage their own basic hygiene and practice appropriate safety measures.

As with all areas of the curriculum those children with specific needs will be supported to be active in ways which match their health and ability.



St George's Beneficial C of E Primary School



**PE
and
Sport Pupil Premium Funding**



At St. George's Beneficial C of E Primary School we value physical education and it's impact on the health of the child. We want children to experience the joys of a active and healthy lifestyle, which impacts holistically including learning and relaxation.

We aim to:

To develop skillful use of the body, the ability to remember, repeat and refine actions and to perform them with increasing control, co-ordination and fluency.

To develop an increasing ability to select, link and apply skills, tactics and compositional ideas.

To improve observation skills and the ability to describe and make simple judgments on their own and others work.

To develop an understanding of, and appreciate, the effects of exercise.

To develop the ability to work independently, and communicate with and respond positively towards others.

To promote an understanding of safe practice, and develop a sense of responsibility towards their own and others` safety and well-being.



Curriculum

St George's meet the requirements of the National Curriculum and Early Years Foundation Stage. The aim is for two sessions a week, generally equating to 2 hours.

Foundation Stage - Games, Gymnastics, Dance, Outdoor Play Activities, Physical Development small groups

Key Stage 1 - Games, Gymnastics, Dance, Multi-skills

Key Stage 2 - Games, Gymnastics, Dance, Athletics, Swimming, Outdoor Adventurous Activities

Clothing

Children need to be properly equipped for P.E. sessions. All jewellery must be removed when changing for P.E. and long hair tied back at all times.

- T-shirt and shorts. For outdoor winter activities sweat shirt, jogging bottoms or a tracksuit may be worn. Swimmers should have a suitable swimming costume,

swimming hat and towel.

- Children should have bare feet for indoor work and plimsolls/trainers for outdoor activities.
- All P.E. kit should be named and kept in a suitable bag.
- Spare kit is available for children who forget theirs.
- In primary school children change in the classrooms. In upper Juniors girls will change in one classroom and boys in another where possible.

Children who cannot join in on medical grounds still partake in the lesson by assessing, evaluating and providing feedback on other children's work.



Health and Safety

St George's ensure children exercise in a safe environment. In this way discipline is key and pupils know the expectations of keeping themselves and others safe including use of apparatus and when part of a team.

Equipment is checked regularly, adults are fully trained and coaches have level 2 qualification.

Staff are aware where a child has health concerns affecting their participation in P.E. (e.g. Asthma, epilepsy). All children will take part in P.E. unless there is a letter or personal request from the parent.



Sports Pupil Premium Funding

Sports premium was introduced to every primary school with the aim of improving the quality of PE and school sport provision.

The recent Government announced that funding will be available till 2020 based on schools showing impact of their spending.

Each school receives an £8000 lump sum with an additional £5.00 per child aged 5-11, based upon the January school census. We will receive approximately £9000.

The funding supports the teaching and delivery of curriculum PE as a whole school approach with use of specialist to delivery the curriculum, staff CPD, alongside the programme of extracurricular activities to ensure pupils including targeted groups continue to develop and progress physically, socially, cognitively and emotionally

